

# CHOICE TRAINING

COMPASS/QI Department

## CHOICE OF WHERE YOU LIVE

- AHRC Nassau and Citizens are committed to working with you to find the best possible living options for you.
- Most people that live in an IRA did not choose it. That has changed now. Be aware that you have choices and if you are unhappy with your home you can contact the placement committee and have your name placed on a list to request a change.



## WHAT WILL THE RESIDENTIAL PLACEMENT COMMITTEE DO?

- The placement committee takes a look at the people who have requested alternate living situations.
- Based on the highest priority, current openings in the agency are looked at and offered based on what a person is looking for.
- If you are given the option to move, visit the recommended home several times, eat dinner there, and spend the night before committing to the move. (Covid-19 may affect this at this time.)
- After you have visited, decide if this is the best fit for you.

# WHAT TO DO DURING THE DAY

You have many options to choose from throughout your day:

- You may opt to attend a day hab program.
- You may opt to attend a pre-voc program.
- You may opt to volunteer.
- You may opt to retire.
- You may opt to go somewhere everyday or a few days per week. The choice is yours.

**No one can force you to do something you do not want to do.**

## WHAT IS MY NEXT STEP IF I CHOOSE TO CHANGE THINGS?

- Request a meeting with your support team.
- At the meeting, tell people that you want a change.
- Even if you do not know all the options available to you, ask what is available.
- Explore things on your own, ask others.

# QUICK FACTS

Regardless of whether you live at home with your parents, in a group home or an apartment, it is important that you are happy. There are always choices.

Take some time to explore the following options:

1. IRA (Group home)
2. Supportive and Supervised apartments
3. Low income tax credit program operated by the NYS Division of Homes & Community Renewal
4. Self Direction
5. Home of My Own
6. Livable New York is a livable communities initiative that assists municipalities to advance their housing and community development efforts to improve the quality of life for older adults, younger-aged individuals with disabilities, families, and caregivers