

Activity: Nature Appreciation Project

Purpose: Spend some time in nature and appreciate its small intricacies that we want to incorporate into our creative process.

<u>Skills Developed/Enhanced By This Activity</u>
<ul style="list-style-type: none">• Mobility• Communication Skills via creative expression• Social/Health-Related & Recreational Activities

<u>Supplies Needed</u>
<ul style="list-style-type: none">• Paper• Glue• Any wild flowers, leaves, small twigs, grass, weeds or greenery you like• Markers and/or paint

Nature Scene Activity Steps:

1. Draw out our tree trunk onto the paper and shade it in brown
2. Pick what leaves or flowers we like to add to our tree
3. Glue down our leaves and flowers to the top of our tree
4. Glue our grass or greenery to the floor of our collage
5. Add any other flowers or greenery we would like to our nature scene.

Nature Name Activity Steps:

1. Spell out our names on a piece of paper in marker. Try to take up as much of the page as possible when you write your name
2. Pick your favorite pieces of found nature objects
3. Glue your nature objects onto the paper in the same outline of your name that we just wrote out

Below are images that you may find to be helpful examples of what the end goal of our projects will be and some found items in nature you might want to keep an eye out for!

